



<u>MEDICAL CONDITION</u>	<u>SUGGESTED SOLUTIONS</u>	<u>DISEASE MANAGEMENT/ SCREENING GUIDELINES IN THE UNITED STATES</u>
<p><u>KIDNEY DISEASE</u></p> <p>In 2006 there were an estimated 315,000 admissions to hospitals for acute renal failure. Additionally there were 35,000 admissions related to chronic kidney failure. The estimated cost of treating end stage renal disease in the United States in 2005 was \$33 billion.</p> <p><i>Heart Disease And Stroke Statistics - 2009 Update: Report From The American Heart Association Statistics Committee And Stroke Subcommittee. Donald Lloyd-Jones et al. Circulation</i></p> <p>http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.108.191261v1.pdf</p>	<p>With adequate preventive care and early diagnosis and treatment there may be a 20% reduction in cost related to treatment of end stage renal disease.</p>	<ul style="list-style-type: none"> • Maintain a healthy blood pressure to protect from future heart attacks, strokes, vision loss and abnormal kidney function. • Consider being tested for diabetes mellitus. Early diagnosis and treatment may prevent further loss of pancreatic islet function and complications. • If you have diabetes mellitus, check your blood glucose levels regularly. • If you have diabetes mellitus, maintain a healthy HbA1C level. • Have your kidney function tested, especially if you have risk factors such as diabetes mellitus, high blood pressure to prevent future dependence on dialysis or kidney transplants.