



<u>ESTIMATES OF CURRENT HEALTH CARE COST IN THE UNITED STATES</u>	<u>POSTULATED COST SAVINGS WITH ADEQUATE PREVENTIVE CARE (PER U.S. GUIDELINES AND RISK REDUCTION DATA)</u>	<u>PREVENTIVE MEASURES</u>
<p><b><u>HYPERTENSION</u></b>  According to NHANES/NCHS 2005-2006 data, 78.7% of individuals with hypertension greater than 20 years of age, were aware of their condition, 45.4% had optimal control and 54.6% had poor control.</p> <p>The estimated direct and indirect cost of hypertension for 2009 is \$73.4 billion.</p> <p>From 1996-2006 the number of hospital admissions for hypertension increased from 417,000-514,000 (NCHS/Nation Hospital Discharge Survey).</p> <p><i>Heart Disease And Stroke Statistics - 2009 Update: Report From The American Heart Association Statistics Committee And Stroke Subcommittee. Donald Lloyd-Jones et al. Circulation</i>  <a href="http://circ.ahajournals.org/cgi/reprint/CIRCULATIONHA.108.191261v1.pdf">http://circ.ahajournals.org/cgi/reprint/CIRCULATIONHA.108.191261v1.pdf</a></p> <p><i>Donald Lloyd-Jones et al. Circulation, 2009; 119 : e1-e161</i></p>		<p>Maintain a healthy blood pressure to protect from future heart attacks, strokes, vision loss and abnormal kidney function.</p>