



<u>MEDICAL CONDITION</u>	<u>SUGGESTED SOLUTIONS</u>	<u>DISEASE MANAGEMENT/ SCREENING GUIDELINES IN THE UNITED STATES</u>	<u>STATISTICS / RISK REDUCTION</u>
<p>Abnormal red cells (oxygen carrying cells), white cells (cells protecting from infection), or platelets (cells protecting from bleeding) in the blood.</p>	<p>Have your blood count i.e. Hemoglobin, white cell count and platelet count monitored yearly at least. (Aim for normal levels).</p> <p>My blood counts are _____</p>		<p>World wide estimates are that there are about 2 billion people with anemia; approximately 50% of those are related to iron deficiency.</p> <p>(WHO/UNICEF/UNU. Iron deficiency anemia: assessment, prevention, and control. Geneva, World Health Organization, 2001 (WHO/NHD/01.3). <a href="http://www.who.int/nutrition/publications/en/ida_assessment_prevention_control.pdf">http://www.who.int/nutrition/publications/en/ida_assessment_prevention_control.pdf</a> Accessed 27 July 2004)</p> <p>More than 3 million individuals in the United States have anemia. (<a href="http://www.4women.gov/faq/anemia.htm">http://www.4women.gov/faq/anemia.htm</a>)</p> <p><b>MULTIPLE MYELOMA:</b></p> <p>Globally 1,000 new cases of multiple myeloma are diagnosed daily.</p> <p>Multiply myeloma is present in 75,000-100,000 individuals in the United States at any one time.</p> <p>(<a href="http://myeloma.org/main.jsp?source=link&amp;source_link_id=1839&amp;type=article&amp;tab_id=3&amp;menu_id=31&amp;id=735">http://myeloma.org/main.jsp?source=link&amp;source_link_id=1839&amp;type=article&amp;tab_id=3&amp;menu_id=31&amp;id=735</a>)</p>